



HAMMER PREMIER TRAINING ACADEMY

(Price List)

Individual (Personal Training)

1 session \$65 per hour

Packages

Package price

5 Sessions	\$290
7 Sessions	\$390
10 Sessions	\$550
20 Sessions	\$980
20+ Sessions	Call for special reduced prices!!!

Group Training

(2 – 4 players) *Prices are per person per hour

5 Sessions	\$50
7 Sessions	\$45
10 Sessions	\$40
20 Sessions	\$35
20+ Sessions	Call for special reduced prices!!!

Team Training

(5 – 11 players) *Prices are per person per hour

5 Sessions	\$40
7 Sessions	\$35
10 Sessions	\$30
20 Sessions	\$25
20+ Sessions	Call for special reduced prices!!!

Sport Specific Training

Pre Season

5	x	(3-hour sessions)	(15 hours)	\$95 per player
10	x	(3-hour sessions)	(30 hours)	\$150 per player